

St. Luke's Parish

39 Green Lane, Thornhill, Ontario L3T 6K5 Tel: 905-881-2786
 Website: <https://stlukesth.archtoronto.org> Email: st.lukesparish@rogers.com



Pastor: Fr. Mark Van Patten - Ext. 222
Associate Pastor: Fr. Wenceslao Abalos - Ext. 227
Secretary: Lois Henderson - Ext. 221
Pastoral Associate: John Humphries - Ext 226
Parish Social Ministry Coordinator: Natalie Doucet - Ext 235
Lay Pastoral Associate: Antoinette Agostinelli - Ext 233
Youth Minister: Greg Garda - Ext. 232

Masses: Saturday - 5:00 P.M.
 Sunday - 8:45, 10:30 and 12:15 P.M.
 Mon., Wed., Thu., Fri. - 8:00 A.M., Tue. - 7:00 P.M.
 Devotions to Our Lady of Perpetual Help: Tuesday - 7:00 P.M.
 Confessions: Saturday 4:00-4:45 P.M. and Tuesday after Devotions
 Office hours: Monday to Friday 8:30-4:00 905-881-2786

PARISH	St. Anthony's	St. Rene Goupil/St. Luke	St. Robert C.H.S.	Saint John Paul II
SCHOOLS:	141 Kirk Dr.	135 Green Lane	8101 Leslie St.	155 Red Maple Rd.
	Thornhill	Thornhill	Thornhill	Richmond Hill L4B 4P9
	905-889-7420	905-881-2300	905-889-4982	905-709-3134/709-3136

For more information on Catholic education in our community or to reach your local school board trustee, contact the York Catholic District School Board at 905-713-2711 or www.ycdsb.ca

PLEASE KEEP US UP TO DATE; COMPLETE THE FOLLOWING & PUT IN COLLECTION BASKET

Name	Phone
Address	Postal Code
Children & Dates of Births:	
.....	
New Parishioner <input type="checkbox"/>	For Envelopes, please contact usher <input type="checkbox"/>
Change of Address <input type="checkbox"/>	Moving out of Parish <input type="checkbox"/>

LENT

Another Lent has dawned and fresh beginnings are at hand. With it, a new season of prayer, penance and fasting will begin in the church and in our homes. When asked what we are giving up for Lent, let it be any self-serving activities that prevent us from getting back to the things we have been neglecting.

During lent we are encouraged to re-commit ourselves to the practice of *prayer, fasting and almsgiving*. **Prayer** can take many forms, like going to mass more frequently, reading the scriptures daily, reciting the rosary or becoming part of a prayer group. **Fasting**, one of the core disciplines of Christianity is a traditional way of acknowledging one's dependence on God. If it does nothing else, it reminds us that while one third of the world is suffering from over consumption, the other two thirds are dying from hunger and malnutrition. **Almsgiving** to charitable causes can bring freedom and a fresh start to the poorest of people.

Lent is a time for drawing closer to God.

Through repentance, conversion and a change of heart let us prepare ourselves spiritually for the feast of Easter.



Mass Intentions

Monday	Soul of Dennis So Chan
Tuesday	Soul of Steven Murphy Intentions of Elizabeth
Wednesday	Intentions of Rene Carandang
Thursday	Soul of Arturo Suero
Friday	Soul of John Frederick Jack Wilson

PRAYER REQUEST LINE
905 881-2786 ext. 250

How to Push Yourself Beyond Your Limits This Lent

One of the most challenging experiences anyone can have is Navy SEAL Training. Navy SEALs are the elite Special Forces unit of the United States Navy. To become a SEAL candidates must endure several weeks of outdoor training in the cold and sandy waters of the Pacific Ocean, survive a 30 minute underwater test with minimal air and skydiving from high altitudes. Why do some men willingly choose to subject themselves to this? They want to *experience the rewards* of pushing beyond their limits.

For Catholics, Lent is a period to push beyond our physical and spiritual limits. In today's Gospel Jesus shows us three rewards that we can grasp when we push beyond our limits.

Reward of Physical Discipline

As Jesus enters into the wilderness to fast, he experiences three temptations. Seeing that Jesus is physically weakened, the devil tells Jesus to turn stone into bread (Lk 4:3). To which Jesus responds, "Man does not live by bread alone" (v.4). Even in his physical weakness, Jesus has tremendous discipline. Up until 1960s, Lent was an intense period of self-discipline for Catholics. Healthy adults fasted every day between midnight and 3pm. The Orthodox Church still requires this. If you are a healthy adult man, I challenge you to this challenge this Lent. I'll be doing it. If you are up for the challenge send me an email at SaintLukesYM@gmail.com.

Reward of Humility

Power and riches is a classic form of temptation and a successful one at that. In the second temptation, the devil tempts Jesus with power (Lk 4:5-8). In SEAL training candidates quickly learn that they are not top dogs and they have to rely on others to succeed. If you want to become a saint (i.e. get into Heaven) you will NOT make it on your own. Lent is a time to come face to face with our sins and conquer them. We cannot face our weaknesses on our own. Personally, I have a friend who holds me accountable. Do you have someone to keep you on track this Lent? If not, find someone.

Reward of Resolve

The final temptation Jesus experiences is a test to show that he is God (Lk 4:9-12). Our society increasingly pushes us to fit into a particular mold. It is very tempting because we do not want to seem like the odd person out at work, school or family gatherings. Therefore, we increasingly want what others have and say what others expect us to say. Lent is an opportunity to become more like Christ, whether it's in fashion or not. Guess what going to happen? You're going to take some heat. Are you ready to take it?

Greg Garda, *Youth Minister*



LAST CHANCE!

March Break Day Camp 2019

When: March 11-13. 9am-3pm (Drop-off 8:30am)
Where: St. Luke's Parish
Who: Grades 1-5
Cost: \$20/Day OR \$50 all 3 Days.
 To register your child please visit the parish website:
<https://stlukesth.archtoronto.org/Ministries/youth-ministry>
 For any inquiries please contact Greg Garda at
SaintLukesYM@gmail.com OR 905-881-2786 ex.232.

MARTYRS' SHRINE LENTEN RETREAT

**Journey with the Canadian Martyrs'
St. Luke's Parish**
 April 9, 10 and 11th
 7:00pm – 9:00pm
 (Followed by light refreshments in the parish hall)

Let the lives of the Martyrs' deepen your relationship with Christ as we journey with them during this Lenten season. See the bulletin board for more information.



St. Luke's CWL News

Spring Trip to Mount Carmel Spiritual Centre

Thursday May 16th, 2019. Tickets still available. All men and women welcome! See our bulletin board or contact CWL at stlukescwl2018@gmail.com

"COME AND SEE WEEKEND"

**March 15-17, 2019
St. Augustine's Seminary**

Inviting single Catholic men 17 years and older to cultivate a deeper prayer life and relationship with Jesus Christ; leading to better discernment of God's call for their lives. Time for prayer, reflection and information on the process of becoming one of Christ's disciples as a Catholic priest. See the bulletin board for more information.

THORNHILL MINISTERIAL LENTEN SERIES 2019



Answering God's Call: to Forgive
Sunday March 10 at 4:00 p.m.

Thornhill Presbyterian Church
 271 Centre Street
 Speaker: The Rev. Paul Gibbon
 (Offering to: Mosaic Interfaith Out of the Cold)

Share...Life!

Living the Gospel by supporting ShareLife agencies

As we begin our ShareLife Campaign 2019, we are encouraged to live the Gospel in all we do. How do we demonstrate that in our community? Living the Gospel may mean helping single mothers to care for their newborn children, or being available to families facing difficulties, or welcoming refugee families to our community. For 43 years, countless individuals have experienced the compassionate care offered by our agencies. Please support our annual archdiocesan appeal during this Lenten season!

Cardinal Thomas Collins

March 31st is ShareLife Sunday
Please give generously

STATIONS OF THE CROSS

You are invited to join in praying the Stations of the Cross each Friday evening during Lent at **7:30 p.m.** in the church. All are welcome to come and spend one hour in prayer.



Baygreen Pharmacy
The Family Pharmacy
Voted Best Pharmacy 2004
Thornhill & Richmond Hill
FREE PRESCRIPTION DELIVERY
8 Green Lane 905-889-9461

RAMONA'S KITCHEN
eat well!
7355 Bayview Ave. (Longwoods Plaza)
905 597 9220
www.ramonaskitchen.com
breakfast lunch dinner

Dr. Ricky Leung
Dentistry
Trust us with your smile
2900 Steeles Ave. E. Suite 201
(2nd Floor Shops on Steeles/Hwy 404)
905-881-3434

MARY MUIR
*RE/MAX Broker
SELLING/BUYING
For Personal Service always call **MARY**, PARISHIONER
Real Estate Sales since 1977
muirmary@gmail.com
905-889-6491
416-491-4002
*Crossroads Realty Inc., Brokerage

Jo Carroll
Sales Representative
Parishioner
People come first & it shows!
Residence 905-731-3248
Office 905-889-9330
Your Community Realty, Brokerage
ROYAL LEPAGE
THE ADVISOR EXCELLENCE

VIOLIN LESSONS
• Member of the York Symphony
• Years of teaching experience
• RCM exam prep
• Private lessons for students of all ages
• Small chamber ensembles also available for events
Kevin Leung 416-720-9041

ORCHID FLORIST
7787 Yonge St.
905.731.5827
www.TheOrchidFlorist.com

NuTech Auto
Tony Papetti
Alignment & Balancing • Emission Repairs • Tires All Brands • Oil & Lube • Tune Ups
Save 10% off mechanical repairs with ad
nutechautocentre.com 385 John St. **905.764.1440**

TLC Landscaping
Lawn Maintenance • Landscaping • Snow Removal
Tony Pucci - Parishioner **416-433-2423**
- We Clear the Snow at St. Luke's -

simply automotive
simauto@bellnet.ca
Repairs to all makes & models
7605 Woodbine Ave. #13 **905.475.1430**

Heel to Toe
FOOTCARE AND ORTHOTIC CENTRE
DEBORAH L. COHEN-BENUDIZ B.Sc., D.Ch.
Chiroprapist/Foot Specialist
Custom Foot Orthotics • Orthopedic Footwear
Heel Pain and Arch Disorders • Compression Stockings
Sports Medicine • Diabetic Screening and Footcare, Corns, Calluses, Warts Nail Problems, Ingrown Nail Surgery
Thornhill Square 300 John St. # 273 ifixt.ca
905-764-3668 & **905-764-FOOT**
Free Parking | Evening/Weekend Appts. | No Referral Necessary
Covered Under Most Health Care Plans

Salon Bita
Unisex Hair Salon
302 John St. (at Bayview) **905-764-7711**
10% off with ad

BROUGHTON'S
Church Supplies, Religious Books & Gifts
416-690-4777
322 Consumers Rd., North York

M R Auto Service
Ringo Wong - Owner/Parishioner
English, Cantonese & Mandarin spoken
60 Green Lane Bus **905-707-1763** Cel **416-616-6888**
www.mr-auto-service.com

KNIGHTS OF COLUMBUS
IN SERVICE TO ONE. IN SERVICE TO ALL.
ST LUKE'S COUNCIL 4393 WE INVITE NEW MEMBERS CALL JOSEPH AZAVEDO 647-295-1985

Highland Funeral Home
Markham Chapel
by Arbor Memorial
Arbor Memorial Inc.

Because family matters!
905-887-8600 • highlandfuneralhome.ca/markham

THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!
TO ADVERTISE IN THIS SPACE PLEASE CALL 1-800-268-2637

DYNAMIC RECOVERY
REHABILITATION CENTRE
905-764-3818
Physiotherapy
Acupuncture
Orthotics
Massage Luke Tsang
#204 - 8220 Bayview Ave
www.dynamicrecovery.ca

CATHOLIC CEMETERIES
FUNERAL SERVICES
In keeping with your Catholic faith
www.catholic-cemeteries.com
Holy Cross Cemetery & Funeral Home 905-889-7467

LMVS
INJURY LITIGATION LAWYERS
Dianna Morello
905.660.7950
Little Morello Vettese Segreto LLP
1111 Creditstone Road | Vaughan
LMVS.ca

FORIANA FINANCIAL GROUP
"Great Mortgages Made Simple"
TRACY SCIMECA
Mortgage Agent
7800 Woodbine Ave.
(North of 14th Ave)
905-604-6955/647-985-4358
www.tracyscimeca.com

CAFE SANGUICCIO
PREPARED DINNERS 2 GO
CATERING for all occasions! 7 DAYS A WEEK
ALL DAY BREAKFAST | LUNCH | DINNER | PIZZA | SANDWICHES
87 Green Lane #4 289-597-8997 www.cafeSanguiccio.com

Robert Bianchi
Mortgage Agent M18002634
416.891.7589
blendpro@outlook.com
www.mtgarc.ca/robertbianchi

Dr. Dmitri Sokolov
B.Sc., CMA, DC
Pediatric & Family Chiropractor
Dr. Irina Ovchinnikova
Healthy Kids & FAMILY Chiropractic
"Your Health is My World"
7800 Woodbine Ave. Unit 109 416.642.2602 | 1.855.362.3462
info@allhealthykids.org allhealthykids.org
Bring ad for \$95.00 consultation & first treatment

T.H. PAINTING & DECORATING
Ty Heaney
416-845-3445
t.h.painting.decorating@gmail.com

ROSE KHOSRAVANI Broker
Preferred Rate For Parishioners
416.276.6960
Heritage Group Ltd., Brokerage
Office: 905-764-7111

Alex Automotive
Electronic Diagnostics, Complete Mechanical & Collision Repairs.
Monday - Friday: 8am-6pm
35 Guardsman Rd. (at Green Lane) 416-893-7877

Le Lys
SPA & WELLNESS
Registered Massage Therapists
Skin Care & Body Treatment
302 John St #3 (at Bayview)
Mon-Sat: 10am-6pm Sun: 12pm-6pm
905-731-2236

food Basics
Best Prices Everyday!
Welcomes parishioners of St. Luke's
300 John St. 905-886-0983

PAUL ZAMMIT
REAL ESTATE LTD., BROKERAGE
905-881-2181 ZAMMIT.COM

Marlowe Restaurant
BANQUET FACILITIES
Baptisms, Engagements, Rehearsals, Confirmations, Showers, Weddings
905-771-8645
events@themarlowe.ca

Remember...
Let our advertisers know you saw their ad here.

R.S.KANE
FUNERAL HOME
Serving The Community Since 1950
6150 Yonge Street
Toronto, Ontario M2M 3W9
Tel: 416-221-1159
info@rskane.ca
www.rskane.ca
Canadian Independent

MORRISON AND PAYNE
Barristers and Solicitors
John D. Morrison
Parishioner
Corporate/Commercial
Commercial Litigation
Commercial & Residential Real Estate
Wills and Estate Planning & Administration
45 Sheppard Ave. E. Suite 506
416-224-9968
www.morrisonandpayne.com

EDUARDO GLASS SERVICES
Shower Door Installations
Mirror, Railings
FOR FREE ESTIMATE:
CALL 647-923-1488

Shopping Locally Saves Gas

State Farm
Dan Vacca
Agent
Save up to 30% on insurance
905-707-1600
www.danvacca.ca
300 John St. Suite 274