



Today we celebrate the body and blood of Christ. Jesus makes it very clear how we are to approach his body and blood: “if you do not eat the flesh of the Son of Man and drink his blood you have no life in you. He who feeds on my flesh and drinks my blood has life eternal.”

The food that we eat every day, and the liquids we drink, become part of our bodies, sustaining them and allowing them to grow, function, and heal.

The food that is the body and blood of Christ does something far greater; it makes us one with God. “The man who feeds on my flesh and drinks my blood remains in me, and I in him.”

This is why the body and blood of Christ signify unity and peace: there is one Christ, and all who eat and drink the body and blood of Christ become one in the one Christ.

“We, many though we are, are one body, for we all partake of the one loaf.” There is no room for disunity among those who eat and drink the body and blood of Christ.

For those who believe in Jesus’ teaching because they believe in Jesus Christ himself, the Eucharist is, among all his gifts to us, the most cherished and the cause of our deepest gratitude.



Mass Intentions

Monday	Soul of John Fullerton
Tuesday	Souls of Patrick Lobo, Rajpat Kawall and For the Intention of Jonna Agoncillo
Wednesday	Soul of Gary Forhan
Thursday	Soul of Virgina Amparo Gongalez
Friday	Soul of Peter Jang

WHY DO YOU GO TO MASS?

When I lived downtown Toronto I on my daily commute I would pass a gentleman selling flowers outside of Wellesley station. One afternoon I decided to stop to buy a bouquet of flowers. As I was paying God had put it in my heart to ask the man if he was hungry. He was delighted that I had asked. As I prepared to make my way to a restaurant the man asked me if I can get something for another person. He then pointed down an alleyway to a man who appeared to be in withdrawal. To see this poor man who cared for his fellow man filled me with gratitude. I had countless opportunities to have this encounter and yet I ignored it.

I think sometimes for Catholics going to mass is comparable to my commute story. We make the same journey regularly yet we miss the beauty that’s before our eyes. Why do you go to mass? How many Catholics do you think would answer by saying, “*Because I want to encounter Jesus in the Eucharist.*”? I think most people would answer, “*Because going to mass is an ‘obligation’.*” Indeed, it is...If you desire to encounter Jesus.

Not Turning a Blind Eye

If you want to become more intentional about encountering Jesus in the mass here are **three things** to keep in mind.

1. The mass *re-presents* Jesus’ passion, sacrifice, and resurrection through the signs of bread and wine. Why is this important? Because “we all have sinned and fall short of the Glory of God” (**Romans 3:23**) therefore, there is nothing we can do to pay the price for our sins, but justice still has to be served. So instead of enduring the price of divine justice with our own lives, Jesus paid it on our behalf.
2. Jesus wants us to remember his Sacrifice on the cross; therefore, he instituted the mass at the Last Supper as a means by which we *remember* his acts on Cavalry Hill.
3. Finally, Jesus teaches that the bread and wine become his *real* body and blood (**John 6:51-58**). The God of the universe desires to be intimately part of your life. After receiving Communion go back to your seat and thank Jesus for His gift to you. Fight every tendency to rush to the car. Can you imagine attending a loved one’s dinner and rushing out the door as soon as you’re satisfied without acknowledging the sacrifice she endured to prepare the evening? Acknowledge Christ’s sacrifice.

I encourage you to encounter Jesus in the mass. Don’t pass him by.

Greg Garda, *Youth Minister*

PRAYER REQUEST LINE
905 881-2786 ext. 250

PARISH NEWS



JUNE IS SENIORS MONTH

June is Seniors Month in Ontario. During this month the Archdiocese is encouraging the faithful to initiate and develop ministry with maturing adults.

It seems that St. Luke's is a step ahead. During the past year, several parishioners have been working on and will soon introduce "Circle of Friends" to the parish. The formation of this group is in direct response to the expression, by many of our maturing adults, of a need to connect with self, others and God. Sr. Mary Rose's lectures and active Saging and Aging Circles are among our resources. We hope to have a program to offer in the fall.

THORNHILL MINISTRIAL EVENT

KAIROS Blanket Exercise

Sunday June 25 at 3:p.m.- 5 p.m.

Thornhill United Church
25 Elgin St.

This is a interactive learning event which portrays the arrival of European settlers to North America and the impact on First Nations and Inuit Peoples.

For more information see today's column in the Bulletin or call Natalie Doucet at 905-881-2786 ext 235

CARMELITE BROWN SCAPULAR ENROLMENT

The Blessed Trinity Lay Carmelite Community will hold a scapular enrolment at our parish on **Tuesday, July 18 after the 7:00 p.m. evening mass** and the Devotion to Our Lady of Perpetual Help. Brown scapulars and pamphlets on the meaning of the scapular will be distributed. All are welcome."

FLORAL DECORATIONS FOR THE ALTAR

If you love flowers and have a flair for creating lovely arrangements to enhance our liturgical celebrations, and have a few hours to spare per week, St. Luke's is looking for a volunteer to assume responsibility of the floral decorations on the Altar. If interested, please give the Parish office a call at 905 881-2786 ext 221.

MASS FOR THE FAITHFULLY DEPARTED

Catholic Cemeteries – Archdiocese of Toronto wish to invite all families within the Archdiocese of Toronto to participate in the Annual Mass for the Faithful Departed on **Wednesday, August 16, 2017 at 7:00 at Holy Cross Cemetery**. All are welcome.

In the Event of Rain

Mass will be held in the mausoleum.



A big Thank You to everyone who contributed to the Help Athena Walk campaign. The family is very grateful for your generosity. St. Luke's raised **\$4,780.00** towards Athena's surgery.

HUMANITARIAN RELIEF – FAMINE IN AFRICA

The Archdiocese of Toronto joins the CCCB and faith communities across Canada in launching a joint appeal, entitled **Pray-Give-Speak Out**, in response to the desperate food crisis in South Sudan, Yemen, Nigeria and Somalia.

The United Nations has confirmed that South Sudan has 100,000 people living in famine conditions. Reports suggest a total of 20 million people are on the brink of starvation in the region. A declaration of famine has not been made by UN agencies since July 2011 when some 260,000 people died in Somalia – half of them children under the age of five. The world must not let those horrors be repeated.

NOTE: The Government of Canada has created a "Famine Relief Fund." The federal government will match every donation made between March 17 and June 30, 2017, by individuals to registered Canadian charities participating in this campaign.

Those wishing to help may do so in the following ways:

- Online through the Archdiocese of Toronto website: <https://community.archtoronto.org>
- By phone through the Development Office – 416-934-3411
- Through the parish, making cheques payable to:
Name of Parish – African Famine – Humanitarian Relief
(Parishes are asked to gather funds and send one parish cheque to the Development Office, made out to Archdiocese of Toronto – African Famine.)